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THE UNIVERSITY OF



NEW SOUTH WALES

You are having a Uroflow and Residual

What is a Uroflow and Residual?

Is where you void (pass urine) into a computerised toilet that measures the volume and flow rate of your voiding.

We will scan your bladder before you void to check you have at least 200mls in your bladder and then scan after you void to check if you have anything left in your bladder.

Why am I having this test?

Your Doctor wants to see what your flow rate is like and check that you have no problems voiding and that you are voiding to completion.

What do I have to do for this test?

You need to do 2 things:

1. 2 hours prior to your appointment go to the toilet and empty your bladder.
2. Drink **at least** 500ml of water and **DO NOT GO TO THE TOILET**. You need *at least* 200mls in your bladder for this test to be effective.

Note: If you travel a significant distance to see us or if you don't think you can hold on, please organise to come earlier to your appointment so we can fill you up. Otherwise you will have to wait while your bladder fills up, **at least** 1-2 hours.

APPOINTMENT DATE: _____

APPOINTMENT TIME: _____